Non-Health Care Employee Symptom Screening Checklist

Anyone showing symptoms of COVID-19 or who may have been exposed to COVID-19 should not work.

1. **Have you had close contact (within 6 feet for at least 10 minutes) in the last 14 days with someone diagnosed with COVID-19 or has any health department been in contact with you and advised you to quarantine?**
   - ❑ Yes
     - ➢ The employee should not work. The employee can return to work 14 days after the last time they had close contact with someone with COVID-19.
   - ❑ No
     - ➢ The employee can work if they are not experiencing symptoms.

2. **Since you last worked, have you had any of these symptoms?**
   - ❑ Fever
   - ❑ Chills
   - ❑ Shortness of breath or difficulty breathing
   - ❑ New cough
   - ❑ New loss of taste or smell

If an employee has any of these symptoms, they should go home, stay away from other people, and call their health care provider.

. . . .

If an employee has been diagnosed with COVID-19 or has had symptoms recently, they should not work.

. . . .

If an employee is diagnosed with COVID-19 based on a test or their symptoms or does not get a COVID-19 test but has had symptoms, they should stay at home.

An employee can return to work when they can answer YES to ALL three questions:
- ❑ Has it been at least 10 days since you first had symptoms?
- ❑ Has it been at least 3 days since you've had a fever (without using fever reducing medicine)?
- ❑ Has it been at least 3 days since your symptoms have improved, including cough and shortness of breath?

If an employee has had a negative COVID-19 test, they can return to work once they have no fever without the use of fever-reducing medicines and have felt well for 24 hours.

The employee can return to work without meeting the above criteria and without a negative COVID-19 test result IF they have a doctor's note allowing them to return to work.
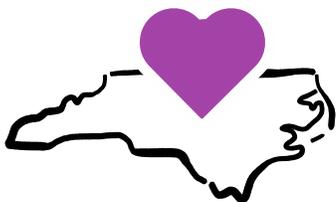
#StayStrongNC

Staying apart brings us together.
Protect your family and neighbors.

Learn more at nc.gov/covid19.

NC DEPARTMENT OF
**HEALTH AND
HUMAN SERVICES**